

# CHRISTMAS HAMPER 2021

Believe it or not Christmas is almost here and once again we, as a church, would like to bless as many needy people in our community as we can with a Christmas food hamper. Hampers this year will be going to help CAP Debt Centre clients, Community Dinner connections, Women's Refuge, Prolove - supporting mums with young children, Howick & Pakuranga Budgeting Services, and also to support Eastgaters in need. (There will be no Prison Fellowship/Angel Tree gifts & hampers required this year.)

As you will see in this letter there is a long list of provisions to choose from to put in the bag attached. Feel free to choose whatever you would like from the list (which is by no means inexhaustible). This year is a little different in that you can bring food in your own box or shopping bag to **drop off at the gym**. Drive around to the **Op Shop side of the church** and park and there will be tables in the gym for you to put your food parcels on.

The full bags will need to be returned to Eastgate on **Sun 5<sup>th</sup> Dec** from 1pm-2pm, **Sat 11<sup>th</sup> Dec and Sun 12<sup>th</sup> Dec** from 2pm-4pm and on **Monday 13<sup>th</sup> Dec** from 9am -12pm which will be made up and distributed during the week.

The following are suggestions – it leaves you lots of room for choice and if you want to put something that is not on the list into the bag then feel free to do so. We would however suggest that you do not put any nuts in due to a growing problem with nut allergies, which has become more common these days. Also, **please do not buy any perishables** as the bags may sit for a few days before distribution.

Potato Chips	Muesli bars	Cereal
Cooking Oil	Christmas serviettes	Dried Fruit
Christmas Cake	Christmas Crackers	Canned Tuna
Christmas Pudding	Coffee & Tea	Canned Corn beef/ham
Mince pies	Milo	Canned Vegetables
Box Chocolates	Box of Fruit Juice	Baked Beans
Block of Chocolate 250g	Jelly	Spaghetti
Lollies	Custard Powder	Tinned Casserole/Meals
Flour	Condensed Milk	Packet or canned soup
Sugar	Reduced Cream	Packet gravy
Biscuits sweet or plain	Packet of onion soup	Stuffing
Jam / Honey	Rice	Dishwashing liquid
Marmite	Canned Fruit	Shower Gel / Soap
Savoury Biscuits	Tomato Sauce	Shampoo
Apple Sauce	Pasta & Pasta Sauce	Toothpaste

Thank you so much for taking a bag and being prepared to bless someone else this Christmas, you are truly a blessing and Jesus with skin on.

God Bless,

Pastoral Care Team